

Attention all students and parents of boys in grades 4-12...

Quad City Sting is entering its second year of boys' volleyball, and this year, and We Want You!

Come see what all the fun is about at our **Sting Try It Out**.



Augustana PepsiCo Center 1025 30<sup>th</sup> Street, Rock Island Sunday, November 1<sup>st</sup> 2-4 pm, \$5 per person

At this gathering, we will do some warm-ups, basic skills, and hopefully play some scrimmage just for fun. You will get a chance to talk with our veteran players and see if the fun, athleticism and comradery of volleyball is right for you. We will also gather sign-up information and have a short informational meeting for parents. The cost of \$5 covers our facility rental.

Please bring gym shoes, knee pads and a volleyball if you have one. If you are unable to attend, please contact us at <u>QuadCitySting@gmail.com</u> to make other arrangements for sign-up.

Quad City Sting has both an entry and a competitive level. For those wanting to get a good start in boys' volleyball, practices will typically be once a week, starting in November, and weekly Beyond the Baseline league games in January through mid-March. Tournaments will range from 1-3 per season, depending upon age and availability. Season fee is estimated at \$100/player and includes a team jersey. Competitive/traveling teams will have the opportunity to travel to statewide boys' tournaments and will receive additional training from elite coaching staff. Additional costs will depend on the number of tournaments entered. For boys 15U and above, local league is not available, and scrimmages and tournaments have been arranged with other boys' clubs in Iowa and Illinois. Cost is estimated at \$100 per player. All participants will be required to self-register under the Iowa Region and are \$30 per player.

## We also need coaches!

If you have any interest in coaching a team, please let me know. In order to keep costs as low as possible, we are going to rely on volunteer coaches. We are hoping to have at least one team per age level.

Camps and clinics for boys start in October. Please visit the Iowa Volleyball Region website at iavbreg.org for more details.

If you have other questions, feel free to contact Tammy Wells at QuadCitySting@gmail.com.



Quad City Sting Boys Volleyball is a not-for-profit organization. These material are neither endorsed nor sponsored by any Quad City school district, including, but not limited to, Davenport, Bettendorf, Pleasant Valley, North Scott and Assumption, nor do the districts take any position with regards to the material presented.