

## PROCEDURES FOR HANDLING BLOOD & BODY FLUIDS

**Team Reps should carry a first aid kit that includes supplies for handling spilled blood and body fluids. Use the following procedures when dealing with blood and body fluids:**

**Step 1:** Put on disposable gloves (latex or vinyl).

**Step 2:** Use paper towels to absorb spill.

**Step 3:** Place used towels in leak-proof plastic bag. (Extensive spills - use RED plastic bag)

**Step 4:** Flood area with bleach solution\*, alcohol, or dry sanitary absorbent agent.  
(Check with the Custodian or Building Supervisor first)

**Step 5:** Clean area with paper towels, vacuum or broom/dust-pan.

**Step 6:** Place used towels, vacuum cleaner bag or waste in a leak-proof plastic bag.

**Step 7:** Remove gloves - pull inside out.

**Step 8:** Place used gloves in bag and seal securely.

**Step 9:** Wash hands with soap and water for at least 10 seconds.

\*Bleach solution = 1 part bleach to 10 parts water.

**If a uniform is blood saturated, the player must change the uniform.** This change should take place as quickly as possible to cause no additional delay of game. **A player with bleeding that is not on the uniform or court is treated as an injured player.** Thus, if they cannot continue within **30 seconds** they must be replaced by a legal or exceptional substitution. (Teams may also use their time outs, if available.)

**PLEASE FOLLOW THESE PROCEDURES AT ALL TIMES.** Many diseases, such as AIDS and Hepatitis B, are passed to others through blood/ fluid born pathogens. Some of these viruses may not effect the person having them, but can effect others (i.e. Hepatitis B).